



# **Asian Institute of Medical Studies**

TEACHING A PERSPECTIVE ON HOW  
CONSCIOUSNESS INFLUENCES HEALING

## **Catalogue**

Volume IX  
2009 - 2010

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[www.asianinstitute.edu](http://www.asianinstitute.edu)

## Foreword

The Asian Institute of Medical Studies was founded at the turn of the 21st century. The founding individuals and the Board of Directors consist of forward thinking educators, socially progressive visionaries, acupuncturists and Oriental medical practitioners, and community leaders. We share a common vision of bringing quality education and the enlivening healing arts of Asian medicine to the people of the Southwest. It is a wonderful opportunity as well as a huge responsibility. Training individuals to access their inherent healing potential is no small task.

How do you choose a college to learn these skills? There are many fine schools of traditional Chinese medicine in the United States and abroad. You can receive a good education at any number of them because each school has specific gifts and strengths. But how do you choose? Which one is the correct one for your style and interests? The answer lies in resonance.

What distinguishes the Asian Institute of Medical Studies is our perspective on consciousness and how that influences our approach to healing. It is not just about treating patients, it is about healing ourselves, our families, our society and our planet. It is an ineffable quality. We try to express this orientation in the classroom, in our clinic, and in our relations with our community and other allied health care professionals. It is about the discipline of embodying the essence of Eastern thought and fusing it with the developing concepts of Western body/mind/spirit medicine. This holistic understanding allows for a far greater point of view when working with each other and our patients.

Those of us turning our attention to the study of acupuncture and Oriental medicine are looking for a deeper way of accessing the energies of the body/mind/spirit. Some may meditate daily, do taiji or qigong as part of a spiritual practice. Many connect with the Spirit of the Earth through outdoor activities. Some may practice the art of giving through community service. These activities exemplify the spirit of balance, an essential component in healing and living a full rich life. These are qualities we are looking for in our students.

It is my personal opinion that as a species we are on the brink of an evolutionary change in consciousness, and I believe the ancient healing arts from the East are a part of facilitating that shift. We are multi-dimensional energetic beings composed of physical bodies, emotions, mental activities, and spiritual aspirations. We need to tap into these levels of ourselves to know our full potential. This will allow us to bring about the healing of others, as well as the transformation of who we are.

The Asian Institute of Medical Studies is looking for mature students who are willing to move beyond the limited social constructs that have programmed us to think in certain narrow ways. Paradoxically, ancient systems of healing are avenues to discover the true beauty of what it is to be human and show us how to be present with each other in order to heal. I invite you to join us in this extraordinary journey.

Alex Holland, M.Ac., L.Ac.  
President

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## Mission

The Asian Institute of Medical Studies believes that healing, teaching and transformation are three faces of one compassionate, skillful and wise intent. This intent is the common motive of AIMS that we will enact specifically:

- by awakening healing in individuals, one by one, so each may re-experience happiness and wholeness;
- by teaching the Asian arts of compassionate healing, including acupuncture and Oriental medicine, so that our family of healers and practitioners may bring health and ease throughout the world; and,
- by transforming the root causes of disease and suffering within the greater context of society, environment and spirit, so that all beings may re-experience the unobstructed joy of living.

In support of the Mission, the Institute will:

- Provide quality, diverse academic and clinical training to prepare ethical professional practitioners of Asian medicine possessing the skills to continue learning.
- Provide affordable quality clinical services to the public, utilizing the many Asian healing systems.
- Offer Continuing Education in both new and time honored Asian healing systems and methods.
- Increase public and allied health care awareness of the principles and practices of Asian medical systems.
- Support the development of high standards and professionalism in Asian medicine throughout our profession, the public, and allied health care.
- To attract and maintain excellent faculty, staff, and Board members who can participate in the Institute's growth, development, profitability, organizational distinction, and visibility, in order to ensure that its focus continues to be on the needs of students, employees, and the patients and community it serves.
- Promote effective, comprehensive, and compassionate health care by integrating Asian medical practices with other healing modalities.

## General Information

### Facilities:

We are a small and eclectic school nestled near the foothills of the Catalina Mountains in southwest Arizona. The Institute and Community Clinic are located on the first floor of an office complex in the Winterhaven area of central Tucson. Our address is:

Asian Institute of Medical Studies  
3131 N. Country Club, Suite 100  
Tucson, AZ 85716

email: [info@asianinstitute.edu](mailto:info@asianinstitute.edu)  
Web Site: [asianinstitute.edu](http://asianinstitute.edu)

The campus has plenty of parking, a tree lined courtyard and nearby shops and restaurants.

Our facility offers classrooms, administrative offices, a student lounge/library, a teaching clinic with spacious well lit treatment rooms, bookstore, and intern room with storage for raw Chinese herbs and patent medicines. The school and clinic are wheel chair accessible. The facilities have been established using the principles of *feng shui*, thus helping to create a harmonious atmosphere and a supportive environment for the study of Asian medicine and healing.

Currently, classes are held weekday mornings, afternoons, and evenings, Monday through Thursday. Classes for the incoming class for Fall 2005 will be held in the mornings. The Community Clinic hours are Monday and Thursday from 1:00 pm to 5:00 pm, Wednesday evenings from 4:30-8:30pm, Tuesday mornings from 8-12, and all day Saturday from 9-1 and 2-6. The clinic schedule varies by quarter.

### Non-Discrimination Policy:

The Asian Institute is non-discriminatory in providing educational opportunities to all qualified students and all employees, regardless of age, gender, religious preference, spiritual practice, ethnic or racial background, sexual orientation, physical disability, marital status, or status as a disabled veteran.

*“Whatever limits the entrance of awareness limits healing.”*  
Stephen Levine

## Special Needs:

The Asian Institute strives to comply with the provisions of Title III of the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973. Students with disabilities requiring special accommodations are strongly encouraged to notify the Administrator at the beginning of the quarter so that appropriate verification and identification of reasonable accommodations may be made in a timely manner.

## Class Size:

The Asian Institute believes that smaller class sizes help to provide better academic communication between faculty and students. Classes are typically between 6 and 12 students.

## Catalogue:

Students are held responsible for knowing the information contained in this catalogue and the Student Handbook. The Asian Institute reserves the right to add, amend, or repeal any of its regulations, rules, and policies, including those that may affect graduation requirements for currently enrolled students.

# Curriculum

## Masters Degree Programs

The Asian Institute offers two master's degree programs, the Master of Acupuncture (M.Ac.) and the Master of Acupuncture and Oriental Medicine (MAOM). The Master of Acupuncture Program is three years in length and the Master of Acupuncture and Oriental Medicine is three and a half years in length. Both programs meet the standards established by the Council of Colleges of Acupuncture and Oriental Medicine (CCAOM). Each program follows the core curriculum as outlined by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM). Qualifies graduates can sit for the national examination in both herbs and acupuncture as established by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM).

The programs were designed for full time study, however, part-time individualized course sequencing can be developed for students unable to attend full time. The M.Ac. program must be completed within five years, the M.A.O.M. program must be completed within six years.

The Asian Institute's programs have been specifically designed to educate students in the philosophical understanding of Asian medicine, the full range of human energy systems, differential diagnosis, problem solving, and treatment techniques using traditional Chinese medicine and other forms of Asian healing. The education also consists of a strong western clinical medicine component, giving students the tools with which to understand western medical sciences and assessment techniques. Integration of Eastern and Western medicine is the natural outcome of the infusion of Western biomedicine with the essence of Eastern understanding.

A third component is the Clinical Internship Program. This portion of the curriculum focuses on expanding classroom education through integration and experience in a clinical setting. This begins in the first year and proceeds through progressive and increasingly independent phases until the clinic faculty are confident that students have demonstrated safe and effective care.

The curriculum progressions for the Master of Acupuncture and the Master of Acupuncture and Oriental Medicine are presented on the following pages, listing all required courses.

*"...what we absorb and obey, we must eventually break away from. To merely follow our teacher's tradition is not sufficient, but it is a necessary starting point. If we take [such] wisdom, we can develop a suitably flexible mind and approach, and begin to make real progress."*

Yoshio Manaka

	<b>Autumn</b>		<b>Winter</b>		<b>Spring</b>		<b>Summer</b>	
	Course	Credits	Course	Credits	Course	Credits	Course	Credits
<b>Y E A R 1</b>	Asian Med. I: Fundamental Principles & Meridians I	4	Asian Med. II: Zang Fu	4	Asian Med. III: Trad. Dx. Skills II	2	Chinese Medical Lang. IV	2
	Lecture.....	2	Meridians & Points II	2	Survey of Western Clinical Medicine	3	Qi Gong IV	1
	Lab.....	2	Lecture.....	2	Meridians & Points III	2	Meridians & Points IV	2
	Chinese Medical Language I	2	Chinese Medical Language II	2	Lab.....	2	Acup. Techniques I	2
	Qi Gong I	1	Qi Gong II	1	Chinese Medical Language III	2	Lab.....	2
	Chinese Culture and Worldview	2	Asian Med. III: Trad. Dx. Skills I	2	Qi Gong III	1	Clinic Internship Orientation	1
	Western Medical Terminology	1	Chinese Medical History	2	Practice Management I	2		
Clinic Observation Orientation	1							
Total Credits.....	15	Total Credits.....	15	Total Credits.....	14	Total Credits.....	10	
Clinic: 24 Hours Observation		Clinic: 26 Hours Observation		Clinic: 50 Hours Observation		Clinic: 50 Hours Observation		
<b>Y E A R 2</b>	Acup. Techniques II	2	Acup. Techniques III	2	Qi Gong VII	1	Qi Gong VIII	1
	Lecture.....	2	Lecture.....	2	Tuina III	2	Intro. to Chinese Herbology	2
	Lab.....	2	Lab.....	2	Acup. Ther: Respiratory	2	W.C.P. Ortho/Sports Medicine	2
	Qi Gong V	1	Qi Gong VI	1	Acup. Ther: Ortho/Sports Med. I	2	Acup. Ther: Ortho/Sports Med. I	2
	Medical Referral	2	Pharmacology	3	Japanese Acupuncture II	2	Asian Nutrition I	2
	Tuina I	2	Tuina II	2	The Health Care Practitioner	4		
	Clinic Case Protocols I	2	Clinic Case Protocols II	2	Western Laboratory Medicine	3		
W.C.P. Psychiatry	2	Japanese Acupuncture I	2					
Total Credits.....	13	Total Credits.....	14	Total Credits.....	14	Total Credits.....	9	
Clinic: 50 Hours Internship		Clinic: 50 Hours Internship		Clinic: 100 Hours Internship		Clinic: 100 Hours Internship		
<b>Y E A R 3</b>	5 Element I	2	5 Element II	2	5 Element III	2	Western Nutrition II	2
	Asian Nutrition II	2	Acup. Ther: Circulatory	2	Western Clinical Nutrition I	2	Practice Management II	3
	Acup. Ther: Ortho/Sport Med II	2	W.C.P. Resp./Circ	4	W.C.P. Ob/Gyn	3	W.C.P. Immuno/Derm	2
	Acup. Ther: Digestive	2	Acup. Therapeutics: ObGyn/Uro I	2	Acup. Therapeutics: ObGyn/Uro II	4		
	Acup. Ther: Psychiatry	2	Asian Med. IV: Diagnostic Systems	3	W.C.P. Urology/Neurology	2		
	Human Energy Anatomy	2			Acup. Ther: Knotty Diseases	2		
	W.C.P. Digestive	2						
Total Credits.....	14	Total Credits.....	13	Total Credits.....	15	Total Credits.....	7	
Clinic: 100 Hours Internship		Clinic: 100 Hours Internship		Clinic: 100 Hours Internship		Clinic: 100 Hours Internship		
Note:	1 Didactic Credit = 11 Hours 1 Clinic Credit = 25 Hours	Total Didactic Credits: 153 (TCM =109, Western = 44) Total Didactic Hours: 1,683 (TCM = 1,199, Western = 484) Total Clinic Hours: 850 (150 Observation, 700 Internship) Total Hours for M.Ac. Program = 2,533						
This course progression is periodically revised with input from faculty and students and is subject to change.								

# Master of Acupuncture & Oriental Medicine (M.A.O.M.)

# Asian Institute of Medical Studies

	Autumn		Winter		Spring		Summer	
	Course	Credits	Course	Credits	Course	Credits	Course	Credits
<b>Y E A R 1</b>	Asian Med. I: Fundamental Principles...	4	Asian Med. II: Zang Fu.....	4	Asian Med. III: Trad. Dx. Skills II.....	2	Chinese Medical Lang. IV.....	2
	Meridians & Points I Lecture.....	2	Meridians & Points II Lecture.....	2	Survey of Western Clinical Medicine ...	3	Qi Gong IV.....	1
	Lab.....	2	Lab.....	2	Meridians & Points III Lecture.....	2	Meridians & Points IV.....	2
	Chinese Medical Language I.....	2	Chinese Medical Language II.....	2	Lab.....	2	Acup. Techniques I Lecture.....	2
	Qi Gong I.....	1	Qi Gong II.....	1	Chinese Medical Language III.....	2	Lab.....	2
	Chinese Culture and Worldview.....	2	Asian Med. III: Trad. Dx. Skills I.....	2	Qi Gong III.....	1	Clinic Intern Orientation.....	1
	Western Medical Terminology.....	1	Chinese Medical History.....	2	Practice Management I.....	2		
	Clinic Observation Orientation.....	1						
Total Credits.....	15	Total Credits.....	15	Total Credits.....	14	Total Credits.....	10	
Clinic: 24 Hours Observation		Clinic: 26 Hours Observation		Clinic: 50 Hours Observation		Clinic: 50 Hours Observation		
<b>Y E A R 2</b>	Course	Credits	Course	Credits	Course	Credits	Course	Credits
	Acup. Techniques II Lecture.....	2	Acup. Techniques III Lecture.....	2	Qi Gong VII.....	1	Qi Gong VIII.....	1
	Lab.....	2	Lab.....	2	Tuina III.....	2	Patent Medicines.....	3
	Qi Gong V.....	1	Qi Gong VI.....	1	W.C.P. Urology/Neurology.....	2	Chinese Herbal Prescriptions I.....	2
	Medical Referral.....	2	Pharmacology.....	3	Chinese Materia Medica III.....	4	Asian Nutrition I.....	2
	Tuina I.....	2	Tuina II.....	2	Western Laboratory Medicine.....	3		
	Clinic Case Protocols I.....	2	Clinic Case Protocols II.....	2	The Healthcare Practitioner.....	4		
	Chinese Materia Medica I.....	2	Chinese Materia Medica II.....	4				
W.C.P. Psychiatry.....	2							
Total Credits.....	15	Total Credits.....	16	Total Credits.....	16	Total Credits.....	8	
Clinic: 50 Hours Internship		Clinic: 50 Hours Internship		Clinic: 100 Hours Internship		Clinic: 100 Hours Internship		
<b>Y E A R 3</b>	Course	Credits	Course	Credits	Course	Credits	Course	Credits
	5 Element I.....	2	5 Element II.....	2	5 Element III.....	2	Western Clinical Nutrition II.....	2
	Chinese Herbal Prescriptions II.....	4	Chinese Herbal Prescriptions III.....	4	Western Clinical Nutrition I.....	2	Asian Med. Ther: Knotty Diseases.....	3
	Asian Med. Ther: Digestive.....	3	W.C.P. Resp/Circ.....	4	Asian Med. Ther: ObGyn/Uro II.....	4	Asian Med. Ther: ObGyn/Uro III.....	2
	Asian Med. Ther: Psychiatry.....	3	Asian Med. Ther: ObGyn/Uro I.....	2	W.C.P. ObGyn.....	3	Pharmacognosy.....	2
	W.C.P. Digestive.....	2	Asian Med. Ther: Circulatory.....	3	Asian Med. Ther: Respiratory.....	3		
	Asian Nutrition II.....	2			W.C.P. Immuno/Derm.....	2		
	Total Credits.....	16	Total Credits.....	15	Total Credits.....	16	Total Credits.....	9
Clinic: 100 Hours Internship		Clinic: 100 Hours Internship		Clinic: 100 Hours Internship		Clinic: 100 Hours Internship		
<b>Y E A R 4</b>	Course	Credits	Course	Credits				
	Asian Med. Ther: Dermatology.....	2	Practice Management II.....	3	Note: 1 Didactic Credit = 11 Hours 1 Clinic Credit = 25 Hours			
	Herbal Classics I.....	2	Herbal Classics II.....	2	Totals Didactic Credits: 186 (TCM =140, Western = 46)			
	W.C.P. Ortho/Sports Med.....	2	Asian Med. IV: Diagnostics Systems...	3	Total Didactic Hours: 2,046 (TCM = 1,540, Western = 506)			
	Asian. Med. Ther: Ortho/Sports Med. I	2	Asian Med. Ther: Ortho/Sports Med. II	3	Total Clinic Hours: 1,000 (150 Observation, 850 Internship)			
	Human Energy Anatomy.....	2			Total Hours for M.A.O.M. Program = 3,046			
	Total Credits.....	10	Total Credits.....	11	This course progression is periodically revised with input from faculty and students and is subject to change.			
	Clinic: 100 Hours Internship		Clinic: 50 Hours Internship					

## Continuing and Public Education

The Asian Institute offers a variety of programs in a non-degree format. Our **Continuing Education Programs** are designed to help keep practitioners up to date on the latest research, developments, and treatments in Asian medicine as well as deepen their understanding of this rapidly changing profession. Advanced training is offered to practitioners on a variety of subjects relating to clinical practice through weekend workshops, short courses, or longer Certificate Programs. Continuing Education Units are granted for all these courses.

**Public Education** courses are an integral part of the Asian Institute's mission. Courses presenting the foundational principles of Oriental medical theory, through both classroom and movement activities (such as Taiji and Qi Gong), enrich the understanding of this ancient medicine and enhance the health and balance of lifestyle for those who participate.

### Advanced Certificate Programs: Works in Progress

The Asian Institute is in the process of establishing advanced certificate programs. The first of these is a six-month "Healing Feng Shui: The Medicine of Place" certificate program that will be open to healthcare practitioners and third year students. The second is a Japanese Acupuncture Certificate Program that is one year in length. This program would also be open to licensed practitioners and third year students.

*"From the perspective of the healer, illness is the result of imbalance. Imbalance is the result of forgetting who we are. Forgetting who we are creates thoughts and actions that lead to an unhealthy lifestyle and eventually to illness."*

Barbara Brennan

## Course Descriptions

Each didactic course credit is equal to 11 classroom hours. Each Clinic credit is equal to 25 clinic hours. Individual courses may be cancelled if they do not meet minimum enrollment.

### Asian Medicine Courses

AS 101

#### **Asian Medicine I: Fundamental Principles** 4 Cr.

Fundamental Principles introduces students to the basic concepts upon which traditional Chinese medicine is founded. Philosophical and ideological concepts are introduced within an historical and modern clinical context. Basic subjects include: Taoism, Yin Yang, 5 Elements, 8 Principles, Vital Substances: Qi, Blood and Body Fluids, causes of disease, emotions, and functions of the Zang Fu and their inter-relationships. *Prerequisite: Acceptance into either Masters Program.*

AS 102

#### **Asian Medicine II: Zang Fu** 4 Cr.

This course explores the various interrelationships between the Zang Fu "organ systems" and how imbalances of the Vital Substances create imbalances within these systems. Topics covered include the causes of disease, symptom patterns, the foundations of differential diagnosis, and appropriate treatment strategies for dysfunctions of the Zang Fu. *Prerequisite: Asian Medicine I.*

AS 103 - 104

#### **Asian Medicine III: Diagnostic Skills I, II** 4 Cr.

This two course series explores the foundations of patient assessment skills according to Asian medical principles. Topics covered include the Four Examinations: Looking, Palpating, Asking, and Listening/Smelling. Through lecture and practice, students develop the ability to gain patient information in a comprehensive manner in order to form an accurate diagnosis. Special emphasis is placed on tongue, pulse diagnosis and palpatory skills. *Prerequisite: Asian Medicine I.*

AS 105

**Asian Medicine IV: Diagnostic Systems**

3 Cr.

Asian Medical Theory IV focuses on the further development of diagnostic skills. Students learn to differentiate signs and symptoms according to the following traditional diagnostic systems: Four Levels, Three Jiaos, Six Stages, Eight Extraordinary Vessels, and Pathologies of Qi, Blood and Body Fluids. *Prerequisites: Asian Medicine I, II and III.*

AS 110 - 113

**Meridians and Points I - IV**

(Lecture and Lab.)

14 Cr.

This course sequence examines the study of acupuncture points along the 12 regular meridians and the two Extraordinary Vessels, the Governing and Conception Vessels. Western anatomical landmarks and the systems of point location are discussed. Included in the study of the meridians is their functions and internal and external routes, and the Luo, Divergent, and Sinew channels. The study of the acupuncture points includes the point name (Chinese character, Pinyin and translations), location, traditional energetic functions, special categories of points, indications and contraindications, therapeutic combinations of points, and systems of measurement for point location. *Co-Requisite: Asian Medicine I, II, III respectively; Prerequisites: (Meridians and Points II & III): Meridians and Points I & II respectively.*

AS 200 - 202

**Tui Na I - III**

6 Cr.

This acupressure series introduces the active Chinese system of massage. This hands-on technique employs the stimulation of acupuncture points, meridians, and other types of manual stimulation in an effort to bring about a relaxing and therapeutic effect. *Prerequisites: Meridians and Points III, (Tui Na II & III): Tui Na I & II respectively.*

AS 210 - 212

**Acupuncture Techniques I - III**

(Lecture and Lab.)

12 Cr.

The Acupuncture Therapeutic Techniques sequence teaches a variety of needling techniques pertinent to the practice of acupuncture. This series also includes the development and use of therapeutic principles, numerous needling styles, and contraindications for various techniques. The practical portions are designed

to assure competency in Clean Needle Technique, materials preparation, and precautions. Also included in this series are the adjunct techniques of moxibustion (rice grain, cone, pole, etc.), cupping, gwasha, electro-stimulation, microbleeding, and the microsystems of the scalp and ear. Emphasis is placed on patient safety. *Prerequisites: Acup. Tech. I: Meridians and Points III and Asian Medicine III; Acup. Tech. II: Acup. Tech. I plus passage of Pre-Clinical Exam; Acup. Tech. III: Acup. Tech. II.*

AS 300 - 302

**5 Elements I - III**

6 Cr.

The philosophy and therapeutics of the 5 Element Theory as developed and depicted in both China and Europe are explored. This course introduces the ideas, images, functions, and therapies used in this natural approach to healing. *Prerequisite: Acupuncture Therapeutic Techniques III or instructor permission.*

AS 310 - 311

**Japanese Acupuncture I, II**

4 Cr.

(M.Ac. only)

Japanese acupuncture has developed many of its own systems of needling techniques and diagnosis. This course series explores the varieties of styles and introduces the student to a deeper understanding of Hara diagnosis and techniques of meridian therapy. *Prerequisites: Asian Medicine III, Acupuncture Techniques II.*

AS 120

**Chinese Culture and Worldview**

2 Cr.

This course explores the essence of Chinese culture and how it was shaped by geography, philosophy, history, religion, and cosmology. Such topics as tea ceremony, calligraphy, and gardening are all used to exemplify the development of the Chinese worldview. *Prerequisites: Acceptance into either Masters program.*

AS 121

**Chinese Medical History**

2 Cr.

Chinese Medical History explores the history of medicine in China. Using the context of both ancient and modern Chinese culture, philosophy, world view, and outside influences, this course examines the evolution and development of the evolution of Chinese medicine. *Prerequisite: Chinese Culture and Worldview.*

AS 130

### **Introduction to Chinese Herbology**

2 Cr. (MAc only)

Introduction to Chinese Herbology is a survey course that provides an overview of Chinese herbal medicine which focuses on the historical development of herbal medicine, the ways in which herbs are cultivated and harvested, specific techniques exploring the ways herbs are stored, prepared and processed, as well as examining the clinical utility of Chinese herbs. Also included are the general categories of herbs and the process involved when developing a prescription. *Prerequisite: Asian Medicine III.*

AS 230 - 231

### **Asian Nutrition I, II**

4 Cr.

The Asian Nutrition sequence examines the nature and functions of foods as curative and preventative health measures. The course explores the energetic qualities of foods and food combinations and focuses on diet as an adjunct to traditional acupuncture therapy. *Prerequisites: Asian Medicine III, (Asian Nutrition II): Asian Nutrition I.*

AS241-242

### **Clinic Case Protocols I, II**

4 Cr.

This course series is designed as a clinic case review course and to establish correct clinical procedures and protocols for students entering internship, including case presentations, chart notations, etc. *Prerequisites: Acupuncture Techniques I*

AS 320 - 326

### **Acupuncture Therapeutics Series**

18 Cr. (M.Ac. only)

**(Digestive 2 Cr., Respiratory 2 Cr., Circulatory 2 Cr., Orthopedics and Sports Medicine I, II 4 Cr., ObGyn/Uro 4 Cr., Psychiatry 2 Cr., Knotty Diseases 2 Cr.)**

This course sequence is a comprehensive study of the various conditions which can affect the various physiological systems. Each system is examined in terms of its presentation of signs and symptoms and how these are interpreted within the pattern framework of Asian medicine. Students will use diagnostic skills previously learned and develop the most appropriate diagnosis and treatment for each condition. Presentations are clinically based. This results in a thorough examination of the various conditions encountered in clinical medicine with appropriate therapeutic interventions using acupuncture and related therapeutic modalities.

*Prerequisites: Asian Medicine III, Meridians and Points III.*

*“Chinese medicine, like Ayurvedic medicine, its Indian counterpart, is the Science of Life. This science is dedicated to grasping the laws of the life force...”*

Leon Hammer

## **Chinese Herbal Medicine Courses**

HS 200 - 202

### **Chinese Materia Medica I - III**

10 Cr. (MAOM only)

The Materia Medica course sequence is a comprehensive study of the individual herbs of the Chinese materia medica. Herbal substances are analyzed at length, including such aspects as their individual nature and origin, method of preparation, traditional therapeutic properties, indications and contraindications, and dosage. *Prerequisite: Introduction to Chinese Herbology, Zang Fu Pathology.*

HS 210 - 212

### **Chinese Herbal Prescriptions I - III**

10 Cr. (MAOM only)

The Herbal Prescriptions sequence is a comprehensive study of the traditional Chinese medical formulary. This series explores the critical aspects of herbal combinations and focuses on classical prescriptions and their modifications according to therapeutic categories. *Prerequisites: Chinese Materia Medica I & II, Co-Requisite: Chinese Materia Medica III.*

HS 275

### **Patent Herbal Medicines**

3 Cr. (MAOM only)

This course examines individually prepared Chinese medicine formulas manufactured in both the U.S. and China. Topics include symptomatology, cautions and contraindications, dosage, and recent FDA research regarding some imported Chinese patent formulas. *Prerequisites: Chinese Materia Medica I & II.*

HS 330 - 336

### **Asian Medical Therapeutics Series**

27 Cr. (MAOM only)

**(Digestive 3 Cr., Respiratory 3 Cr., Psychiatry 3 Cr., Circulatory 3 Cr., Orthopedics and Sports Medicine I, II 5 Cr., ObGyn/Uro 6 Cr., Dermatology 2 Cr., Knotty Diseases 2 Cr.)**

This course sequence is a comprehensive study of the various conditions which can affect the various physiological systems. Each system is examined in terms of its presentation of signs and symptoms and how these are interpreted within the pattern framework of Asian medicine. Students will use diagnostic skills previously learned and develop the most appropriate diagnosis and treatment for each condition. Presentations are clinically based. This results in a thorough examination of the various conditions encountered in clinical medicine with appropriate therapeutic interventions using both acupuncture and Chinese herbal medicine.

*Prerequisites: Asian Medicine III, Meridians and Points III, Chinese Materia Medica III, Co-Requisite: Chinese Herbal Prescriptions.*

HS 400 - 401

### **Chinese Herbal Classics I, II**

4 Cr. *(MAOM only)*

The Herbal Classics series examines the history and development of Chinese herbal medicine. The course focuses on the ancient Masters of herbal medicine, classical herbal texts, and the cultural contexts within which this aspect of Chinese medicine developed.

*Prerequisites: Chinese Materia Medica III, Chinese Herbal Prescriptions III.*

*“Qi, the breaths, is the existential force presiding over all changes in the human body, whether they be macroscopic or microscopic. It is the truest expression of the way Tao works in our bodies according to the modes of yin/yang. Qi is like the primordial materialization of yang at the level of the human body.”*

C. Larre, J. Schatz, E. Rochat de la Vallee

## Western Medicine Courses

WS 101

### **Survey of Western Clinical Medicine**

3 Cr.

This course exposes the student to the variety of western clinical modalities available within Western medical practice. Guest lecturers include, but are not limited to, practitioners of allopathy, osteopathy, chiropractic, homeopathy, massage, craniosacral, etc. *Prerequisite: Acceptance into either Masters Program.*

WS 201

### **Medical Referral**

2 Cr.

This course presents protocols according to the Western diagnostic system for distinguishing normal from abnormal conditions. Principle signs and symptoms, assessment skills, and treatment modalities are examined with special consideration given to those conditions which need referral.

*Prerequisite: Acceptance into either Masters program.*

WS 202

### **Western Laboratory Medicine**

3 Cr.

This course explores common Western medical laboratory tests and examinations. Included are the clinical significance of these tests and their diagnostic use in clinical medicine. This course helps students to gain confidence in communicating with their patients and other allied health care professionals.

*Prerequisite: Acceptance into either Masters Program.*

WS 210

### **Pharmacology**

3 Cr.

This course introduces the major classes, benefits, and side effects of commonly prescribed drugs in western medicine. The course also examines pharmaceuticals which may be abused and the effects that various drugs may have on individuals who become dependent on their usage. *Prerequisite: Acceptance into either Masters Program.*

WS 215

### **Pharmacognosy**

*(MAOM only)*

2 Cr.

This course explores the biochemical components of herbs and other natural substances and examines the pharmaceutical interactions with herbal remedies.

*Prerequisites: Pharmacology*

WS 200

### **Western Medical Terminology**

1 Cr.

This course studies Western medical terminology and nomenclature including Latin word roots, prefixes, and suffixes. Emphasis is placed on anatomy, physiology, and pathology. *Prerequisites: Acceptance into either Masters program.*

WS 220 - 221

**Western Clinical Nutrition I, II**

4 Cr.

This course studies the metabolism of carbohydrates, proteins, and lipids as well as the function of the various micro nutrients. Diet as a major factor in health is discussed as well as identifying illness due to food-related issues. *Prerequisites: Acceptance into either Masters program, (Western Clinical Nutrition II): Western Clinical Nutrition I.*

WS 300 - 304

**Western Clinical Pathology Series**

17 Cr.

**(Immunology/Dermatology 2 Cr.,  
Urology/Neurology 2 Cr., Digestive 2 Cr.,  
Respiratory/Circulatory 4 Cr.,  
ObGyn 3 Cr., Ortho/Sports Med. 2 Cr.  
Psychiatry 2 Cr.)**

The Western Clinical Pathology series examines the processes of metabolic dysfunction and pathophysiology that affects each of the primary physiological systems. Students learn appropriate western assessment and referral, review pharmaceuticals and laboratory tests, and discuss western principles of treatment. *Prerequisite: Acceptance into either Masters program.*

WS 310 - 311

**Practice Management I, II**

5 Cr.

Practice Management delves into the practical aspects of setting up an independent health care practice. Topics covered include the law and ethics, malpractice issues, hygiene, bookkeeping and billing techniques, marketing, equipment needs, physical space requirements, and establishing protocols with other medical professionals. *Prerequisites: Acceptance into either Masters program, (Practice Management II): Practice Management I.*

WS 320

**The Health Care Practitioner**

4 Cr.

This course examines the cultivation of the skills necessary to become a compassionate, present, skilled health care practitioner. Issues involving communication skills, attitude, ethics, the ability to interact with various cultural, economic, and racial groups, and problem solving are comprehensively explored. *Prerequisite: Acceptance into either Masters program.*

*“When we finally fathom the healing system’s structure, I believe it will resemble a communications system between the mind and matter. Such deductions lead us inevitably to the energy field as the means of communication between the internal biological healing process and the instigating source in the mind.”*

Valerie Hunt

## Body/Mind/Spirit Medicine

MB 100 - 107

**Qi Gong I - VIII**

8 Cr.

This course sequence develops methods of promoting internal awareness and cultivation through controlling the movement of Qi. Breathing, movement exercises, and focused internal attention are practiced weekly for the first two years of both programs. These disciplines promote a sense of personal well-being and provide the experiential understanding necessary to understand the healing power of Qi. *Prerequisites: Acceptance into either Masters Program. (Qi Gong II, III, IV, V, VI, VII, VIII): Qi Gong I, II, III, IV, V, VI, VII respectively.*

MB 200

**Human Energy Anatomy**

2 Cr.

This course explores the current concepts of the auric field and the different energetic bodies: etheric, astral/emotional, mental, etc. This exploration is based on materials from various world cultures and recent scientific research. *Prerequisite: Acceptance into either Masters program.*

## Language Studies

LS 140 - 143

**Chinese Medical Language I - IV**

8 Cr.

The Chinese Medical Language series introduces Mandarin Chinese, focusing on the skills necessary for reading traditional Chinese medical language. The series progresses from learning basic pronunciation, dictionary use, and character construction and recognition to translating and reading current journal articles. This course will introduce both the traditional characters and simplified characters. Approximately 550 characters will be learned in this series. *Prerequisites: Acceptance into either Masters Program or licensed practitioner. (Chinese Medical*

*Language II, III, IV): Chinese Medical Language I, II, III respectively.*

*“Healing is not an exact science, but rather is an art in which intuition, compassion and knowledge are all essential.”*

Arnie Lade

## Clinical Studies

CS 100

### **Clinic Observation Orientation**

1 Cr.

This course prepares first year students to enter AIMS Community Clinic as observers. Topics covered include introduction to clinic protocols, paperwork, introduction to OSHA standards, requirements for Observers within the clinic setting, and emergency procedures. *Prerequisite: Acceptance into either Masters Program.*

CS 150

### **Clinic Intern Orientation**

1 Cr.

This course deepens the student's understanding of working in the clinic and prepares them for the Internship portion of their education. Topics covered include clinic policies, procedures as they move through the curriculum and become more independent in their level of responsibility, case presentation and management, SOAP charting protocols and chart integrity, the clinic intern competency system, OSHA standards, and appropriate paperwork. *Prerequisite: Satisfactory completion of 130 hours of Clinic Observation and successful completion of the First Year Comprehensive examination, HIV/AIDS Education, Clean Needle Technique or the equivalent and current CPR/First Aid card.*

CS 210 - 213

### **Clinic Observation I - IV**

150 hours

The first portion of this clinic series, Clinic Observation I, may take place in a classroom setting in which students observe licensed acupuncturists in the classroom doing an entire intake and treatment within the course of two hours. Each week a different practitioner participates in this way, giving the student a wide variety of styles to observe.

Observation I may also be done in the school clinic.

The Observation II - IV portions take place in the AIMS Community clinic, where students observe both professional acupuncturists as well as senior

interns in practice. Here the concepts learned in the Clinic Observation Orientation are reinforced.

*Prerequisite: Acceptance into either Masters Programs, participation in the Clinic Observation Orientation, and satisfactory progress in first year courses.*

CS 300 - 320

### **Clinic Internship: Acupuncture**

700 hours

*(M.Ac only)*

Clinic Internship deepens the students integration of their didactic education by allowing them to do patient intakes, develop a diagnosis and treatment strategy, and perform acupuncture under the guidance and supervision of a licensed acupuncturist. Students working in the teaching clinic progressively take on more responsibility as they move through the various levels of internship, from working with other interns as a team, to complete independence with only approval of the treatment plan and techniques from clinic faculty. *Prerequisites: Satisfactory completion of the First Year Comprehensive Exam, 130 hours of Observation, passing Acupuncture Techniques I, valid CPR/First Aid certification, HIV/AIDS education, CNT or the equivalent, passing the Clinic Intern Orientation course.*

CS 350 - 370

### **Clinic Internship: Acupuncture and Herbs**

800 hours

*(MAOM only)*

This internship program is specific to the M.A.O.M. program and allows for the same level of integration and progression movement as the Acupuncture Internship, except that this program integrates acupuncture and herbal medicine in treatment options and strategy. The first portion of the internship focuses more on acupuncture, and as students become more familiar with herbs in their didactic education, these are integrated more into the treatment plans. *Prerequisites: Same requirements as listed under Clinic Internship: Acupuncture.*

CS 475

### **Clinic Internship: Herbal Dispensary**

50 hours

*(MAOM only)*

Herbal Dispensary allows students to fill raw herbal prescriptions for the herbal clinic under the supervision of a clinical faculty. *Prerequisites: Chinese Herbal Prescriptions III plus 300 hours of Clinic Internship.*

*“Healing is a creative process! We create our healing from moment to moment. The point of power in the healing process is now.*

Bruce Burger

# Academic Policies

## Academic Year:

The Asian Institute is on a quarterly schedule. Fall, Winter, and Spring quarters are each 12 weeks long (11 weeks didactic, 12 weeks clinic) with summer quarter being 8 weeks long with 10 weeks of clinic. Classes start every year as follows:

Fall in September  
Winter in January  
Spring in April  
Summer in June

The catalogue is issued annually to enrolled students and is available upon request to prospective students.

## Admissions:

The Asian Institute requires documentation of the following for entrance into the Master of Acupuncture and Master of Acupuncture and Oriental Medicine degree programs:

- Two years of accredited college or university study (90 quarter credits or 60 semester credits) at the baccalaureate level from an institution accredited by an agency recognized by the U.S. Department of Education. However, under certain circumstances where students may not have completed the academic prerequisites of anatomy and physiology, biology, chemistry or microbiology (see below), they may be *conditionally accepted* into the program, provided they complete these prerequisites before the end of their first academic year at the Asian Institute (54 quarter credits).
- Ninety (90) hours of Anatomy and Physiology, plus biology, chemistry and microbiology from an accredited college or university. These can also be taken as a first year Co-Requisite but must be completed by the end of the first academic year.

The program is designed for full-time students, however, part-time students will be accepted on a space available basis. Students are accepted throughout the year for enrollment with classes

beginning each Fall Quarter. Classes are small, and due to limited space, early application is advised.

The following materials must be received to initiate the admissions process and to be considered for acceptance:

1. Completed application form with application fee
2. Official transcripts from each college or university attended
3. Essay on the applicant's reasons for wanting to study Oriental medicine
4. Completed, up to date CV
5. Health Practitioner's letter attesting to the applicants ability to undertake a rigorous program of study / physical exam
6. Two letters of recommendation
7. 2 Passport sized photos
8. TOEFL scores of 550 (minimum) for students with English as a second language may be required. Assessment determined on a case-by-case basis
9. Documentation of an acupuncture treatment

Upon receipt of the above materials, applicants will be notified to schedule an interview at the Institute with a member of the Admissions Committee. After the interview, the committee will review the application for final approval, and the applicant will be notified in writing within 30 days.

Prospective students are encouraged to visit the facility, sit in on classes, and speak with students, faculty, and administrators.

*"The Einsteinian paradigm as applied to vibrational medicines sees human beings as networks of complex energy fields that interface with physical/cellular systems. Vibrational medicine uses specialized forms of energy to positively affect those energetic systems that may be out of balance due to disease states. By rebalancing the energy fields that help to regulate cellular physiology, vibrational healers attempt to restore order from a higher level of human functioning."*

Richard Gerber

## Transfer Policy:

Students wishing to transfer to the Asian Institute are accepted on a space available basis. Transfer students

must meet the same entrance requirements as those established for first year students. Credit for previous academic work from ACAOM candidate or accredited schools is granted provided the course content is equivalent to courses at the Asian Institute and has been taken within the previous two academic years. All courses considered for credit must have been passed with a 'C' or better. Examinations may be required to certify transfer credit, and admission to specific courses is contingent upon meeting course prerequisites. If examination is given for course work under consideration, a passing grade of 75% must be achieved.

Applicants who have graduated from an accredited professional school or program, such as M.D., D.O., D.C., N.D., R.N., and are legally entitled to practice their profession, may apply for Advanced Standing status. Advanced Standing status is determined on an individual basis, taking into account the program applied to and the nature of professional practice. Equivalency of course content is the primary factor for transfer credit, and the course(s) must have been taken within the previous ten years. In some exceptional cases, the ten year limit for transfer credit may be waived for Advanced Standing students who have worked in their respective or medically related fields within the last two years.

At least one academic year is required for completion of the degree program and must be taken at the Asian Institute.

For applicants whose prerequisite study was done outside the U.S., some of the following may also be required:

- Transcripts that are not in English must be translated into English at the students expense and the original, notarized translation must be given to the school;
- A TOEFL score of 550 (paper based) or 213 (computer based) must be achieved *and* at least the currently reported mean on the TSE.

Transfer students who are entering after the beginning of the second year and would be working in the Institute's Community Clinic will be required to take the Institute's Pre-Clinical Examination and a Practical Techniques Exam and pass each with a minimum score of 75%. A \$25 fee is charged for administrating the exam.

A \$25 transcript evaluation fee is required for transcript evaluation, this fee is in addition to the \$100 application fee.

## Policy for Acceptable Prerequisite and Transfer Credits:

Credit that the Asian Institute accepts as either prerequisite or transfer credit must be earned at a college or university that meets one of the following criteria:

1. It is accredited by one of the regional accrediting agencies in the U.S. that is recognized by the Council for Higher Education Accreditation; or
2. It is accredited, or a candidate for accreditation, by ACAOM; or
3. It holds the equivalent to U.S. regional accreditation in its own country as verified by a recognized professional evaluator of foreign credentials.

## Prior Learning Assessment (PLA):

The Asian Institute will accept a limited number of course requirements from previous life experience. Courses include:

Qigong  
Chinese Medical Language  
Practice Management  
Tuina I, II, III (must be AOBTA Certified)

Students who wish to have previous life experience evaluated for academic exemption must provide documentation to the Academic Dean for review. Faculty who teach these courses at the Asian Institute will be asked to assess and document previous life education.

## Course Credit:

Credit for courses taken is given upon satisfactory completion of all goals and objectives established by the instructor for each course. A passing grade of 75% and a minimum of 90% attendance, or the equivalent, is required for credit.

## Registration and Student Records:

Registration occurs four weeks before the start of a new term. Classes have assigned minimum and maximum levels of enrollment, and the Asian Institute cannot guarantee the availability of all classes.

Class schedules are available one month before the first day of each quarter. Tuition is due upon receipt of the quarterly tuition fee statement. Please see the Business Manager for more information on tuition payment options.

The Registrar maintains confidential permanent records for all matriculated students at the Asian Institute. Access is limited to selected administrative personnel. The Asian Institute abides by the Amended Family Education Rights and Privacy Act of 1974, and the Rules and Regulations of the Department of Health, Education and Welfare. Students have a legal right to review their records, and upon request during regular office hours each student has access to his or her own records. The Asian Institute will not release a student's records to a third party, nor will it release any part of a record without the prior written consent of the student.

## Grading System:

The Asian Institute operates on a Credit/No Credit basis with a percentage system also determined for each course. Grade reports are issued to students at the completion of each quarter. Students must maintain satisfactory academic progress in order to stay in either of the Asian Institute's programs. Academic performance is monitored through written and/or practical examinations, papers, projects and class attendance. Grades are assigned by faculty as follows:

Cr - Credit: The student has achieved competency of 75% or above and has met all the requirements established by the faculty for the course.

NCr. - No Credit: The student has not met The minimum requirements established For the class and has not achieved a 75% competency level.

I - Incomplete: The student has further work to do to achieve a passing grade in the course. If work is not completed within a

three month time period from the end of the term in which the Incomplete was given, the grade will automatically become a No Credit, unless the time period is extended by the instructor.

W – Withdrawal: A student may withdraw from any class after the end of the third week but before the end of the seventh week of scheduled classes. A student may not withdraw from class after the end of the seventh week of scheduled classes, unless the student is permanently withdrawing from the Asian Institute. Tuition already paid For the course will be refunded according To the policy outlined on page 20.

A - Audit: A student is taking a course again for which he or she has already received academic credit. No grade or credit is given for audited courses.

CA - Complimentary Audit: A student can take a CA who wants to repeat up to 4 credits of their education and are available to students who have taken the course at AIMS.

TCr. - Transfer Credit: This is credit awarded to a student for course work done at another accredited institute.

*"We do not possess imagination enough to sense what we are missing."*

Jean Toomers

## Student Conduct: Probation and Dismissal

Students may be placed on probation or dismissed from either program for any of the following reasons:

- Unsatisfactory academic or clinical performance
- Failure to pass comprehensive examinations
- Disruptive or unprofessional conduct, including but not limited to: plagiarism, cheating, defacing or vandalizing, stealing, harassment, misrepresentation, willful commission of any acts in violation of local,

state, or federal laws, statutes, ordinances, or codes

- Failure to meet financial obligations

Academic advancement through the AIMS programs is based upon a student's continued satisfactory performance and professional behavior. A student will be placed on academic probation if he or she fails any required course or if their performance is unsatisfactory as defined above. The student will remain on probation until the required course is satisfactorily made up or until appropriate resolution has been achieved.

### Reinstatement:

Once a student has been dismissed, s/he may seek reinstatement through a personal interview with the Academic Dean and the Faculty Committee. If this group determines that the student is able and willing to comply with school policies, a probationary period of one quarter will be arranged. At the end of the probationary period the Faculty Committee and Academic Dean will review the students' progress, and if the student has shown academic and/or professional progress, s/he will be reinstated in the program. If not, the student will be dismissed.

Please refer to the Student Handbook for further information.

### Comprehensive Exams:

A Comprehensive Examination is given at the completion of the first year of each program. This examination must be passed with a 75% competency level in order for the student to proceed on to the second year of study.

For students enrolled in the M.A.O.M. program, another Comprehensive Exam is given at the completion of Materia Medica III. A 75% competency level is required to pass this exam.

At the completion of either the M.Ac degree program or the M.A.O.M. degree program, students must pass a Comprehensive Exit Examination in order to graduate. A 75% competency level is required to pass this exam.

### Audit Policy:

Matriculated students may audit courses for which they have received previous academic credit. Request for audits must be approved by the instructor of the course and the Academic Dean. Cost for audits is \$75 per credit. No grade or credit will be given for an audit.

### Graduation Requirements:

The Master of Acupuncture graduation requirements include:

- Successful completion of 153 academic credits (109 TCM Sciences, 44 Western Sciences)
- Successful completion of 850 hours (34 credits) of clinical training (150 Observation hours, 700 Internship hours); each 25 hours of clinic equals 1 Cr.
- Passing the Comprehensive Examinations with a minimum score of 75%
- Settlement of all financial obligations to the Asian Institute

The Master of Acupuncture and Oriental Medicine graduation requirements include:

- Successful completion of 186 academic credits (140 TCM Sciences, 46 Western Sciences)
- Successful completion of 1000 hours (40 credits) of clinical training (150 Observation hours, 850 Internship hours); each 25 hours of clinic equals 1 Cr.
- Passing the Comprehensive Examinations with a minimum score of 75%
- Settlement of all financial obligations to the Asian Institute

### Grievance Procedures:

Students with grievances that cannot be settled through individual faculty or administrative means may: (1) first contact the President of the Institute; (2) if their concerns are not resolved through discussion and action by the President, students may then appeal, in writing, to the Grievance Committee. The Grievance Committee has 14 days in which to resolve the complaint; (3) if the complaint cannot be resolved after exhausting the institute's Grievance

Procedures, the student may file a complaint with the Arizona State Board for Private Postsecondary Education. The student must contact the State Board for further details. The State Board address is: 1400 W. Washington, Room 260, Phoenix, AZ 85007. Ph: (602) 542-5709. Website: <http://azppse.state.az.us> or (4) contact the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM): 7501 Greenway Center Drive, Suite 760, Greenbelt, MD 20770. Phone (301)313-0855.

Information on the Grievance Committee and grievance procedures are also outlined in the AIMS Student Handbook, page 19.

*Knowing other people is intelligence,  
knowing yourself is wisdom.  
Overcoming others takes strength,  
overcoming yourself takes greatness.  
Contentment is wealth.*

Lao Tzu

## Student Services

### Counseling and Tutoring:

Academic counseling is provided by the Academic Dean. On an annual basis the Dean will review all student transcripts and files to ensure appropriate student advancement through the program. Academic tutoring is available for students on an as needed basis. Tutors are chosen from senior students who have achieved academic excellence. Payment of tutors is determined by negotiations between the student(s) and the tutor.

### Library:

The library houses both traditional and eclectic texts and journals that pertain to the myriad systems of healing. Our collection contains volumes on acupuncture, herbal medicine, homeopathy, western medicine, Japanese acupuncture, Taoism and related spiritual disciplines, and more. The library also has Internet access.

### Supply and Bookstore:

The AIMS Bookstore carries supplies, textbooks and an expanding number of titles covering a wide variety of healing modalities and philosophical approaches. The Bookstore is glad to make special book orders.

## Financial Policies

### Tuition and Fees:

Tuition and fees are subject to annual increases of between 7 - 10% to adjust for program and faculty development and inflation.

Tuition and fees are:

- \$205.00 per didactic credit
- \$75.00 per didactic credit to audit a class
- \$10.00 per hour for clinical training
- \$100.00 Application Fee (non-refundable)
- \$35.00 Quarterly registration fee
- \$30.00 annual student association fee
- \$5.00 library fee per quarter
- \$25.00 comprehensive exam fee (first year and graduate exams) or challenge exam fee
- \$25.00 Herbal Comprehensive Exam fee (MAOM only)
- \$5.00 transcript fee
- \$8.00 fee per day for late payment of tuition to a maximum of \$100.00
- \$25.00 for late registration fee
- \$10.00 fee for taking an Incomplete or an Add/Drop
- \$15.00 fee for returned checks
- \$150.00 Graduation fee
- \$175.00 annual insurance fee as an intern
- Credit Card fee: incrementally applied at \$2.00 per \$100.00 charged for tuition, books and Clinic Insurance

Total cost of tuition for the three-year Master of Acupuncture degree is \$37,570.

Total cost of tuition for the three and a half year Master of Acupuncture and Oriental Medicine degree is \$45,340.

AIMS has instituted a surcharge of 2% on all credit card transactions relating to tuition, book sales and insurance charges.

In addition to the above tuition and fees, the Asian Institute estimates that the student cost for materials, books, and supplies over the course of their education will range from \$1,500 to \$1,800. Students should also anticipate additional costs for licensure requirements and the NCCAOM National Board Certification exam.

## Financial Aid

The Asian Institute has initiated an in-house 'loan' program for students who qualify. Full-time students must pay a minimum of \$450 per month with the balance accruing interest at 6%. Upon graduation, a monthly payment fee schedule is determined at an interest rate accruing at 12%. The Asian Institute is not participating in federal student loan programs at this time, however we are able to offer Sallie Mae Student Loans.

Students wishing to apply for financial aid should contact the school's Registrar to obtain the required information.

## Tuition Refund Policy:

Refunds are made in compliance with State and Federal requirements. All requests for tuition refunds must be received in writing. For mail, the postmark is considered to be the effective date of termination.

Full tuition is refunded if enrollment has been officially canceled three business days, excluding Saturday, Sunday, and state and federal holidays, before the start of classes or of signing the Enrollment Agreement. In addition, no later than 30 days of receiving the notice of cancellation, AIMS shall provide a refund of 100% of all student fees and tuition paid by the student.

The following refund policy is applicable on a course-by-course basis for each course dropped during any given quarter:

<u>Portion of Course Completed</u>	<u>Course Tuition Refund Due</u>
Before beginning class	100% refund
One week or less	90% refund
Two weeks	80% refund
Three weeks	70% refund
Four weeks	60% refund
Five weeks	50% refund
More than five weeks	No refund

The schedule of minimum credits, including both didactic and clinic, to be completed for full and part-time students per calendar year, including four quarters each year for the M.Ac and MAOM, is as follows:

Master of Acupuncture						
Year	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
Part-time:	28	58	88	120	156	187
Full-time:	46	105	187			

Master of Acupuncture and Oriental Medicine							
Year	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>
Part-time:	31	62	96	130	162	190	226
Full-time:	56	112	168	226			

## Official Termination Date:

- Termination occurs when the school receives written notice of the student's intention to discontinue in the Master's degree program, i.e. when a signed Add/Drop form is received by the Registrar.
- When the student is terminated for violation of a published school policy which provides for termination, the effective date is the date of official written notification to the student.
- The official termination date will be the last date of recorded attendance when a student, without written notice to the Asian Institution, fails to attend classes for 30 calendar days.

## Accreditation and Licensing

### Accreditation Status:

The Master of Acupuncture and Master of Acupuncture and Oriental Medicine programs of the Asian Institute of Medical Studies are accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for the approval of programs preparing acupuncture and Oriental medicine practitioners. ACAOM is located at 7501 Greenway Center Dr., #760, Greenbelt, MD 20770, phone (301) 313-0855; fax (301) 313-0912.

## Licensing Information:

The Asian Institute has been granted a Provisional Degree-Granting License from the Arizona State Board for Private Postsecondary Education.

Arizona State Law authorizes licensed acupuncturists to practice independently using acupressure, acupuncture, and dietary advice according to the tenets of Oriental medicine. For more information on state laws and regulations, contact:

Pete Gonzalez, Executive Director  
State of Arizona Acupuncture Board of Examiners  
1400 W. Washington, Suite 230  
Phoenix, AZ 85007  
(602) 542-3095

In compliance with Arizona State regulations, within 10-days from the date a licensed, non-accredited institution revises a catalogue, or publishes a new catalogue, the licensee shall submit a written or electronic copy of the catalogue to the State Board.

## Disclaimer

The State of Arizona has required that all institutions that teach acupuncture and Oriental medicine fully inform students that the practice of “Oriental Medicine” is not the practice of medicine. As a result of this governmental decree, the Asian Institute must publish the following in this catalogue:

“A degree in “Acupuncture and Oriental Medicine” does not authorize a person to practice “Oriental Medicine” in Arizona. Currently, the term “Oriental Medicine” is not included in the definition of the practice of acupuncture for persons licensed by the Acupuncture Board of Examiners. The laws of several other Arizona licensing boards prohibit a person from using any words, initials, or symbols that would lead the public to believe the person is licensed to practice medicine in Arizona.”

*“Of great significance to me was the realization that “healing” does not always mean that the physical body recovers from an illness. Healing can also mean that one’s spirit has released long-held fears and negative thoughts toward oneself and others. This kind of spiritual release and healing can occur even though one’s body may be dying physically.”*

Caroline Myss

## Administrative Organization

### Organizational Philosophy:

The Asian Institute of Medical Studies designed its structure to reflect the principles of balance and harmony found in nature. Each voice, by necessity, must be heard; all opinions are listened to. Consensus within the organization is the goal, with the desired outcome being that which is best for the entire healing community. Individuality is not lost in this process, but enhanced through dialogue and communication.

The process of establishing consensus stems from many ancient and modern cultures from around the world. We live in an interconnected society, therefore, one person’s actions affects all. The organizational structure at the Asian Institute recognizes this responsibility in the community, both the service it provides and the opportunity it reveals. This is not a static thing, but an ongoing evolutionary process.

The administrative structure was designed to encourage communication, action, and accountability. Responsibilities and benefits are shared by all.

### Faculty:

**Nancy Aton, N.M.D.**, has been in practice for 17 years. She graduated from National College of Naturopathic Medicine in 1981. Nancy has a private practice specializing in Ob/Gyn, Nutrition, Menopause, Preventive Medicine, and life-style counseling and has taught at AIMS for 8 years

**Holly Baker, M.S., L.Ac., Dipl.OM (NCCAOM)** graduated from Pacific College of Oriental Medicine in San Diego in 2006. She is in private practice in Oriental Medicine with a special focus on women’s health.

**Tai Blue** has been formally studying Qigong for over 8 years and is a Medical Qigong Therapist. Tai currently has a private practice in Tucson and teaches extensively to the public.

**Jean Carr, M.Ac., L.Ac.**, graduated from the Asian Institute in 2006 and specializes in Japanese Acupuncture. She currently is in private practice in Tucson and has taught at AIMS for 3 years.

**Dorsett Edmunds, M.A., P.T.**, graduated from Columbia University in 1970 with a Masters in Education and returned to Hahnemann Medical College to graduate in 1984 with a Post Graduate Certificate in Physical Therapy. She currently works at University Medical Center in Tucson. She has taught at AIMS for 4 years.

**Sherry Henley, M.S., R.D.**, graduated from Texas Tech University with a Masters in Nutrition and a minor in Biochemistry in 1983. She has done extensive research in nutrition and is a member of the Arizona Dietetic Association and has taught at AIMS for 5 years.

**Alex Holland, M.Ac., L.Ac.**, graduated from the Northwest Institute of Acupuncture and Oriental Medicine (NIAOM) in 1985 and did clinical training in Chongqing, China, in 1985. He was the Academic Dean of NIAOM from 1992 to 1996 and is currently the President and co-founder of the Asian Institute. Alex has taught extensively and at AIMS for 8 years and is the author of *Voices of Qi—An Introductory Guide to Traditional Chinese Medicine*.

**Lilian Jacques, PT, M.Sc.**, Lilian is a native of Brazil and has a degree in Physical Therapy and Traditional Chinese Medicine. She has extensive training in Tuina and is a certified Yoga therapist. She was an instructor at the Acupuncture Institute of Rio de Janeiro for many years. She has been a faculty member at AIMS for 2 years.

**Doug Johnson, M.Ac., L.Ac., Dipl.Ac.**, (NCCAOM), graduated from the Traditional Acupuncture Institute in 1987. Doug has taught 5 Element Acupuncture extensively in both clinical and academic settings. He is currently in private practice in Tucson. Doug has been teaching at AIMS for 8 years.

**Don Lightner, M.Ac., L.Ac.**, graduated from the Arizona School of Acupuncture and Oriental Medicine in 2000. Don has a special interest in Japanese Tea Ceremony and ceramics. He is in private practice in Tucson.

**Miao Chen Lin, MAOM, L.Ac., B.S. Pharm.** Miao Chen received her M.A.O.M. degree from the Asian Institute. She also has a B.S. in Pharmacy from the University of Sciences in Philadelphia. Miki has

been a pharmacist for 11 years and is currently in part-time TCM practice in Tucson teaching at AIMS for the past 4 years.

**Leslie McGee, R.N., M.O.M., Dipl.Ac.** (NCCAOM), graduated from the University of Washington with a B.S. in Nursing in 1978. She graduated with a Masters in Oriental Medicine from the International Institute of Chinese Medicine in 1993 and has done further specialization in women's health. She is currently in private practice in Tucson and is involved with doing research on depression through the Department of Psychology at the University of Arizona. She has taught at AIMS for 8 years.

**Paige Peters, MSAOM, L.Ac.**, received her degree from the American College of Traditional Chinese Medicine in 1997. She is also NADA certified and has taught at AIMS for 2 years.

**David Price, M.O.M., L.Ac.**, is a graduate of the International Institute of Chinese Medicine with advanced studies at Chengdu University of Traditional Chinese Medicine in the PRC. He is the Director of the White Pine Clinic of Classical Chinese Therapeutics in Tucson. He is fluent in Mandarin and Japanese. He has taught at AIMS for 7 years.

**Jan Schwartz, M.A.** has a keen interest in business education and web-based learning. She was Vice President of Education, 2004-7, at Cortiva Education, Inc., and Education Director at the Desert Institute of the Healing Arts from 1996-2003.

**June Stevens, N.M.D.**, is a graduate of the Southwest College of Naturopathic Medicine and has a private practice focusing on cardiology at Southwest Integrative Medicine.

**Linda Joy Stone, M.S., L.Ac., Dipl.Ac.** (NCCAOM), graduated from South Baylo University in 1989 and did post-graduate work at the Beijing Academy of Traditional Chinese Medicine. Linda is currently in private practice in Tucson specializing in women's health and psycho-spiritual disorders. She also works at the Student Health Center at the University of Arizona and part-time at Canyon Ranch Resort and Spa. She is the developer of 'Acuphoria' and a co-founder of AIMS. She has been a clinic Supervisor for 8 years.

## Visiting Faculty:

Matt Callison  
Brenda Loew  
Johndennis Govert  
Jude and Paul Ponton  
Sean Tuten  
Christopher Huson

Alex Holland, M.Ac., L.Ac.

Leslie McGee, MOM, L.Ac., Faculty Rep.

Mark Pirtle, D.P.T.

Leslie Romero, L.Ac.

Linda Joy Stone, M.S., L.Ac.

## Administration:

### **President/Academic Dean/Outreach**

Alex Holland, M.Ac., L.Ac.

### **Registrar/Financial Aid Administrator**

Linda Joy Stone, M.S., L.Ac.

### **Administrator**

Margaret Gragg

### **Business Manager**

June Timmins

### **Clinic Dean**

David Price. M.O.M. L.Ac.

### **Dean of Students**

Elaine Flannagan, M.Ed., L.P.C.

### **Clinic Director**

Cathy Adelman, R.N., M.Ac., L.Ac.

## Board of Directors

The Governing Board is charged with exercising the powers of the Corporation, controlling its property, and conducting its affairs except as otherwise provided by law. It is the chief governing body of the Asian Institute, reviews the school's operating budget and accounts, and monitors the schools progress towards achieving its goals.

Board members are:

Richelle Arsenault, M.B.A., C.G.F.H.

Nadine Butler, Student Rep. (non-voting)

Margaret Avery-Moon, BA, NCTMB, Chair

Lisa Gundvaldson, C.P.A.

## Educational Objectives

Comprehensive and well-defined Educational Objectives are the underlying guiding principles that determine the foundation for quality education. These Educational Objectives have been determined to hold the key to quality education at the Institute and form the backbone of the goals for our educational mission.

1. Students will gain a thorough understanding and demonstrate proficiency in Traditional Chinese and Asian Medical theories including vital substances, five phases, yin-yang, channel and point classifications, organ theory, causes of disease, stages of disease progression, triple warmer theory, and the natural progression of untreated disease,
2. Students will acquire the knowledge, skill, practice and demonstrate proficiency in diagnosis to identify the nature and cause of a dysfunction, disorder, or disharmony,
3. Students will acquire the knowledge, skill, practice and be able to demonstrate proficiency in treatment planning, including knowledge of the location, indications, and energetic functions of the acupoints,
4. Students will acquire the knowledge, skill, practice and be able to demonstrate proficiency in applying appropriate treatment techniques, including, but not limited to, needling, moxa, cupping, gwa sha, manipulation, and nutrition and lifestyle counseling, patient education and treatment plan implementation,
5. Students will gain an understanding of ethical and practice management considerations, the skills and knowledge of community health and professional practice issues, and professional communication skills, and demonstrate knowledge of self care such as the use of Qigong,
6. Students will participate in sufficient clinical practice in diagnosis and treatment of patients with a wide variety of conditions, including education in equipment and safety issues, Clean Needle Technique, treatment contraindications, and charting and its legal requirements,
7. MAOM students will acquire sufficient knowledge, skill and practice and be able to demonstrate proficiency in the use of Chinese herbs, including patent medicines and the creation of raw herbal formulas, in the practice of Asian medicine,
8. Students will acquire knowledge and be able to demonstrate appropriate proficiency of biomedical sciences and pathology, including medical terminology, anatomy and physiology, diagnostics, laboratory, and pharmacology protocols, and referral skills,
9. Students will acquire knowledge of the history of Chinese and Asian medicines and an understanding of the cultural context of the medicine, status of acupuncture and Asian medicine in the United States, scope of practice and laws and regulations governing acupuncture in Arizona, and current insurance issues and demonstrate knowledge and skill in professional standards of care,
10. Students will gain a strong appreciation of both the knowledge of traditional Asian medicines and the growing body of knowledge surrounding traditional world medicines as they are practiced throughout the world, as well as an understanding of the principles of integrative medicine—the blending of traditional medicines with current biomedical practice.
11. Students will be familiar with, and have a working knowledge of, the evolving standards of TCM nomenclature currently in use in English translation of Chinese medicine terms and concepts.

# Academic Calendar

## 2008, Fall Quarter

September 22.....Quarter Begins  
November 27 & 28.....Thanksgiving Break  
December 4.....Quarter End

## 2009, Winter Quarter

January 5.....Quarter Begins  
March 21.....Quarter Ends

## 2009, Spring Quarter

April 6..... Quarter Begins  
May 25..... Memorial Day Weekend  
June 18..... Quarter Ends

## 2009, Summer Quarter

July 6..... Quarter Begins  
August 27..... Quarter Ends

## 2009, Fall Quarter

September 21.....Quarter Begins  
November 26 & 27.....Thanksgiving Break  
December 3.....Quarter End

## 2010, Winter Quarter

January 4.....Quarter Begins  
March 18.....Quarter Ends

## 2010, Spring Quarter

April 5..... Quarter Begins  
May 31..... Memorial Day Weekend  
June 17..... Quarter Ends

## 2010, Summer Quarter

July 6..... Quarter Begins  
August 30..... Quarter Ends

## 2010, Fall Quarter

September 20.....Quarter Begins  
November 25 & 26.....Thanksgiving Break  
December 2.....Quarter End

## Appendix 1

### **FERPA: THE FAMILY RIGHTS AND PRIVACY ACT**

The Family Educational Rights and Privacy Act (FERPA) of 1974 is a Federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education. FERPA gives parents certain rights with respect to their children's education records. These rights transfer to the student when he or she reaches the age of 18 or attends a school beyond the high school level. Students to whom the rights have transferred are "eligible students."

- Parents or eligible students have the right to inspect and review the student's education records maintained by the school. Schools are not required to provide copies of records unless, for reasons such as great distance, it is impossible for parents or eligible students to review the records. Schools may charge a fee for copies.
- Parents or eligible students have the right to request that a school correct records which they believe to be inaccurate or misleading. If the school decides not to amend the record, the parent or eligible student then has the right to a formal hearing. After the hearing, if the school still decides not to amend the record, the parent or eligible student has the right to place a statement with the record setting forth his or her view about the contested information.
- Generally, schools must have written permission from the parent or eligible student in order to release any information from a student's education record. However, FERPA allows schools to disclose those records, without consent, to the following parties or under the following conditions (34 CFR § 99.31):
  - School officials with legitimate educational interest;
  - Other schools to which a student is transferring;
  - Specified officials for audit or evaluation purposes;
  - Appropriate parties in connection with financial aid to a student;
  - Organizations conducting certain studies for or on behalf of the school;
  - Accrediting organizations;
  - To comply with a judicial order or lawfully issued subpoena;
  - Appropriate officials in cases of health and safety emergencies; and
  - State and local authorities, within a juvenile justice system, pursuant to specific State law.

Schools may disclose, without consent, "directory" information such as a student's name, address, telephone number, date and place of birth, honors and awards, and dates of attendance. However, schools must tell parents and eligible students about directory information and allow parents and eligible students a reasonable amount of time to request that the school not disclose directory information about them. Schools must notify parents and eligible students annually of their rights under FERPA. The actual means of notification (special letter, inclusion in a PTA bulletin, student handbook, or newspaper article) is left to the discretion of each school.

For additional information or technical assistance, you may call (202) 260-3887 (voice). Individuals who use TDD may call the Federal Information Relay Service at 1-800-877-8339.  
Or you may contact us at the following address:

Family Policy Compliance Office  
U.S. Department of Education  
400 Maryland Avenue, SW  
Washington, D.C. 20202-5920